

# **O‘ZBEKISTON RESPUBLIKASI YOSHLAR SIYOSATI VA SPORT VAZIRLIGI**

## **JISMONIY TARBIYA VA SPORT BO‘YICHA MUTAXASSISLARNI QAYTA TAYYORLASH VA MALAKASINI OSHIRISH INSTITUTI SAMARQAND FILIALI**



### **“AMALIY XORIJIY TIL”**

**“Jismoniy tarbiya fani o‘qituvchisi” yo‘nalishi bo‘yicha umumiy o‘rta ta’lim  
muassasalari pedagog kadrlarini malakasini oshirish kursi uchun**

**Theme: Physical training lesson and mass sport at school”  
mavzusida suhbat tashkil etish.**

**Plan:**

1. To teach and explain the words according to the theme physical training and mass sport.
2. Make a conversation on the topic: “Physical training lesson and mass sport at school ”

# SPORTS



archery



athletics  
(track and field)



badminton



baseball



basketball



BMX racing



boxing



chess



clay (target)  
shooting



cricket



cross-country  
skiing



cycling



diving



downhill  
mountain biking



equestrian



fencing



field hockey



figure skating



football  
soccer



football  
American football



golf



gymnastics



horse racing



ice hockey



jogging

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# Exercise



Love



Like



Enjoy



Don't like



Hate



- 1- I love football
- 2- We like basketball
- 3- They enjoy swimming
- 4- We don't like diving
- 5- They hate fencing



# GRAMMAR

## Sport and Exercise

### DO - GO - PLAY

GO



- Go bowling
- Go camping
- Go cycling
- Go dancing
- Go fishing
- Go golfing
- Go hiking
- Go ice-skating
- Go running
- Go scuba diving
- Go snow boarding
- Go surfing
- Go swimming



DO



- Do aerobics
- Do exercise
- Do push-ups
- Do sit-ups
- Do yoga
- Do a warm-up



PLAY



- Play badminton
- Play baseball
- Play basketball
- Play football
- Play hockey
- Play ping pong
- Play soccer
- Play squash
- Play tennis
- Play volleyball

## 16 Question Strips

# EXERCISE and SPORTS



- What is your favorite kind of exercise?
- What kind of exercise do you hate? Why don't you like it?
- Do you think you get enough exercise each week?
- Do you like to watch sports on TV? Why? / Why not?
- What sports are you best at?
- Should schools give more time to students to play sports?
- What are four examples of 'team sports'?
- What strange or unusual sports do you know about?
- What is the most popular sport in the world? Do you like it?
- What is the best age for children to learn how to swim? Why?
- Do you know how to swim? Why? / Why not?
- Which sports do you think are really boring? Why?
- Should older people stop exercising? Why? / Why not?
- Baseball or football: which is better? Why?
- Did you get any exercise yesterday? If 'yes', what kind?
- Are you going to get any exercise tomorrow? If 'yes', what kind?

**THANKS FOR WATCHING**